

Ivan Friedrich, MD • Kenneth P. Rubin, MD • Mark S. Sapienza, MD • Irina Kaplounov,  
MD • Sandarsh R. Kancherla, MD • Grace H. Yang, MD

Diplomates, American Board of Gastroenterology and Internal Medicine

## Esophageal Manometry/24 Hour Impedance Testing Prep

NAME: \_\_\_\_\_ PHYSICIAN: \_\_\_\_\_

DAY AND DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ ARRIVE AT: \_\_\_\_\_

PLACE: \_\_\_\_\_ REPORT TO: \_\_\_\_\_

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

### 1 week Before your test

- Check with our office for specific instructions if you take ANY bloodthinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- STOP oral iron 5 days before test (Vitamins with iron are OK)
- NO anti-anxiety medications such as Xanax (Alprazolam), Clonazepam, or Valium (Diazepam) for 24 hours prior to exam.

### DAY Before your test

- START a CLEAR LIQUID diet after Midnight
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK

### DAY of your test

- TAKE all your usual medications when you wake up with a sip of water
- Continue a CLEAR LIQUID diet when you wake up
- 4 Hours before your test: STOP ALL oral intake-

NOTHING!!!NO gum or candy

NO cologne, perfume or lotions please!

- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.