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**Gastroenterology • Hepatology • Gastrointestinal Endoscopy**

## **Instructions for Flexible Sigmoidoscopy**

If you are scheduled to have this procedure with anesthesia please do not eat or drink anything after midnight.

The preparation for this procedure is two Fleets Enemas back to back 2 hours prior to your scheduled procedure time.

If you are unable to do the Fleets Enemas, please drink 1 bottle of Magnesium Citrate the night before with at least 24-32 oz of water.