

*Barry M. Zingler, MD • Mitchell K. Spinnell, MD • Michael E. Meininger, MD • Marc A. Fiorillo,
MD • Eugene S. Han, MD • Grace H. Yang, MD*

Gastroenterology • Hepatology • Gastrointestinal Endoscopy

UPPER ENDOSCOPY/GASTROSCOPY

YOU MUST HAVE SOMEONE DRIVE YOU HOME FROM THIS PROCEDURE DUE TO THE EFFECTS OF
ANESTHESIA

NJ State Law will consider you intoxicated if you drive following anesthesia.

****Absolutely NO exceptions will be made. If you plan to drive home, you will not be receiving anesthesia****

DO NOT EAT ANYTHING AFTER MIDNIGHT THE DAY BEFORE YOUR PROCEDURE!!

ON THE DAY OF PROCEDURE

DO NOT EAT OR DRINK ANYTHING THE MORNING OF YOUR PROCEDURE.

FOR 6 HOURS PRIOR TO THE PROCEDURE, DO NOT EAT OR DRINK ANYTHING, NOT EVEN WATER!!!

Your stomach must be completely empty for 6 hours prior to the procedure.

If you are taking blood thinning medications, such as aspirin, Coumadin, Plavix, Iloprost, Enoxaparin, Effient, Pradaxa, Arixtra, Brilinta, Aggrenox, Eliquis, or any anti-inflammatory drugs, such as Celebrex, Aleve, or Motrin, they may have to be discontinued up to 7 days prior to your procedure.

Consult your prescribing physician about those and medication for diabetes. Do not stop any medications without consulting your prescribing physician.

You may take Tylenol.

Please discontinue vitamin E and any iron supplements you may be taking 7 days prior to your procedure.

You **CAN** take your blood pressure and/or anti-seizure medications with a sip of water on the morning of your procedure.

Please inform us if you have a defibrillator with the company /brand name.