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**Gastroenterology • Hepatology • Gastrointestinal Endoscopy**

**Colonoscopy with CLENPIQ Prep Afternoon**

YOU MUST HAVE SOMEONE DRIVE YOU HOME FROM THIS PROCEDURE DUE TO THE EFFECTS OF ANESTHESIA

NJ State Law will consider you intoxicated if you drive following anesthesia.

**\*\*Absolutely NO exceptions will be made. If you plan to drive home, you will not be receiving anesthesia\*\***

**ONE DAY BEFORE THE PROCEDURE:**

You may have 2 eggs and toast OR plain yogurt with NO FRUIT no later than 10A.M. And then you must be on a CLEARliquid diet throughout the rest of the day. **NO SOLID FOODS!! Avoid all liquids that are RED in color. Avoid ALL dairy products and juices with pulp, such as orange juice.**

**CLEAR LIQUIDS INCLUDE:**

**Soups:** Clear broth, such as chicken, vegetable and beef or consomme.

**Juices:** White cranberry, white grape, apple, strained lemonade, and limeade ( NO PULP)

**Beverages:** Tea, coffee, Kool-Aid, diet and regular soda( any flavor- cola/root beer etc.), iced tea, Gatorade, sports drinks, coconut water ( no pulp), water, seltzer. NOTHING RED in COLOR. Remember nocream, milk, fake creamer, protein shakes, or smoothies. No vegetable juices.

**Desserts:** Water ices, Italian ices, Ice Pops, Jell-O, hard candy- NOTHING RED IN COLOR

**IT IS IMPROTANT YOU DRINK AS MUCH FLUID AS YOU CAN THROUGHOUT THE DAY!**

**TAKE DOSE 1 at 9:00 P.M.:**

**\*\*DRINK THE FIRST BOTTLE OF CLENPIQ. FOLLOW THAT WITH 40 OZ. ( 5 OF THE INCLUDED CUPS) OF CLEAR LIQUID WITHIN THE NEXT 2 HOURS.**

**TAKE DOSE 2 ( 6 HOURS BEFORE THE PROCEDURE): \_\_\_\_\_**

**\*\*DRINK THE SECOND BOTTLE OF CLENPIQ. FOLLOW THAT WITH 24 OZ. ( 3 OF THE INCLUDED CUPS) OF CLEAR LIQUID WITHIN THE NEXT 2 HOURS.**

**YOU MAY CONTINUE TO DRINK CLEAR LIQUIDS UP UNTIL 4 HOURS PRIOR TO THE PROCEDURE**

**\*\*it usually takes about an hour to begin to have a bowel movement. You may notice some bloating or cramping at the beginning of this prep, which usually improves once the bowel movement begin.**

If you are taking diabetes medicine or blood thinning medications such as aspirin, Coumadin, Plavix, Lovenox, Effient, Pradaxa, Brilinta, Eliquis, or any anti-inflammatory drugs such as Celebrex, Aleve, or Motrin, please consult your prescribing physician

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about discontinuation. DO NOT STOP any medications with out consulting your prescribing physicians. You can take blood pressure, heart/ seizure medications with a small sip of water on the morning of your procedure. Please inform us if you have a defibrillator.