

Ivan Friedrich, M.D.
Kenneth P. Rubin, M.D.
Vincent S. Panella, M.D.
Mark S. Sapienza, M.D.
Irina Kaplounov, M.D.
Sandarsh R. Kancherla, M.D.
Diplomates, American Board of Gastroenterology and Internal Medicine
420 Grand Avenue
Englewood, N.J. 07631
(201)569-7044

Upper Endoscopic Ultrasound Prep

NAME: _____ PHYSICIAN: _____

DAY AND DATE: _____ TIME: _____ ARRIVE AT: _____

PLACE: _____ REPORT TO: _____

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

**1 week Before
your test**

- Check with our office for specific instructions if you take ANY blood thinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- STOP oral iron 5 days before test
(Vitamins with iron are OK)

**DAY Before your
test**

- START a CLEAR LIQUID diet after Midnight
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK

DAY of your test

- TAKE all your usual medications when you wake up with a sip of water
- Continue a CLEAR LIQUID diet when you wake up
- 4 Hours before your test: STOP ALL oral intake-NOTHING!!!
NO gum or candy
NO cologne, perfume or lotions please!
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.