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SuTab Colonoscopy Prep

NAME: _____ PHYSICIAN: _____

DAY AND DATE: _____ TIME: _____ ARRIVE AT: _____

PLACE: _____ REPORT TO: _____

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

1 week Before your test

- Check with our office for specific instructions if you take ANY bloodthinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- Pick up SuTab from your pharmacy.
- STOP oral iron 5 days before test (Vitamins with iron are OK)
- Do not take oral medications within 2 hours of starting SuTab

DAY Before your test

- START a CLEAR LIQUID DIET when you wake up
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- At **10 AM** TAKE 12 tablets of SuTab over 15-20 minutes with at least 16oz of water.
- THEN at **11AM** DRINK another 16 oz of water over 30 minutes.
- At **12 Noon** DRINK another 16 oz of water over 30 minutes.
- At **8PM** TAKE 12 tablets of SuTab over 15-20 minutes with at least 16oz of water.
- At **9PM** DRINK another 16 oz of water over 30 minutes.

DAY of your test

- At **10PM** DRINK another 16 oz of water over 30 minutes.
- Continue CLEAR LIQUID diet
- Get some sleep

- TAKE all your usual medications when you wake up with a sip of water
- Continue CLEAR LIQUID diet
- 4 Hours before your test: STOP ALL oral intake-NOTHING!!!NO gum or candy
NO cologne, perfume, or lotions please!
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.