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SuTab Colonoscopy Prep

NAME:		PHYSICIAN	J:
DAY AN	D DATE:	TIME:	ARRIVE AT:
PLACE: _		REPORT TO):
Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of			
\$125 dollars	will be assessed.	-	

1 week Before your test

DAY Before your

test

- Check with our office for specific instructions if you take ANY blood thinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- Pick up SuTab from your pharmacy.
- STOP oral iron 5 days before test (Vitamins with iron are OK)
- Do not take oral medications within 2 hours of starting SuTab

- START a CLEAR LIQUID DIET when you wake up
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- At **10 AM** TAKE <u>12</u> tablets of SuTab over 15-20 minutes with at least 16oz of water.
- THEN at **11AM** DRINK another 16 oz of water over 30 minutes.
- At 12 Noon DRINK another 16 oz of water over 30 minutes.
- At **8PM** TAKE <u>12</u> tablets of SuTab over 15-20 minutes with at least 16oz of water.
- At **9PM** DRINK another 16 oz of water over 30 minutes.
- At 10PM DRINK another 16 oz of water over 30 minutes.
- Continue CLEAR LIQUID diet
- Get some sleep

DAY of your test

- TAKE all your usual medications when you wake up with a sip of water
- Continue CLEAR LIQUID diet
- 4 Hours before your test: STOP <u>ALL</u> oral intake-NOTHING!!! NO gum or candy

NO cologne, perfume, or lotions please!

- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.